

Guided Conversations: Using Literature to Open Conversations Between Adolescents and Parents/Guardians

Questions for Parents/Guardians to Consider Prior to Conversations with Adolescents

1. How has reading this book inspired you to approach conversations about sensitive topics with your children?
2. How do you plan to engage your children in discussions about potentially unsafe situations?
3. How can you use the book to empower your children to speak up and seek help if they ever feel uncomfortable?
4. How can the characters' stories help children understand the concept of personal boundaries and consent?
5. How will you create an environment that encourages your children to openly communicate with you about any concerns they may have?
6. What other books can you explore together that address sensitive subjects in a thoughtful and age-appropriate manner?

Questions for Parents/Guardians to Discuss with Adolescents

1. Were there any parts of the book that were confusing or difficult to understand?
2. Were there any characters you didn't like, or who made choices you disagreed with? Why?
3. The book encourages us to think about our personal safety. What are some safety rules or practices that you think are important to remember?
4. How can we create an open and safe environment at home where you feel comfortable discussing any concerns or problems?